

FSC 2026: Session: 3: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Taveirne Bea HEADCOACH

Coaches: Valcke Rik

Coaches: Ryckeman Brian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE MEN		Heat:1, starttime: 09:46
Heat: 1/12 Lane : 4 Athlete: DHEERE RéMI		Q-time: 00:56:17
PB (50m pool): 00:56.17 Brugge 01/02/2026		PB (25m pool): 00:54.22 SB: 00:56.17 Brugge 01/02/2026
	50 M	100 M
PB	00:26.63	00:56.17
	00:26.63	00:29.54

Coach feedback:

Event number: 13: 100M FREESTYLE MEN		Heat:1, starttime: 09:46
Heat: 1/12 Lane : 5 Athlete: VANHOUTTE WARRE		Q-time: 00:56:28
PB (50m pool): 00:55.62 Seraing 24/03/2024		PB (25m pool): 00:54.58 SB: no time
	50 M	100 M
PB	no time	00:55.62
	no time	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN		Heat:2, starttime: 09:47
Heat: 2/12 Lane : 7 Athlete: PROVOOST DAJO		Q-time: 00:56:02
PB (50m pool): 00:56.02 Brugge 01/02/2026		PB (25m pool): 00:54.76 SB: 00:56.02 Brugge 01/02/2026
	50 M	100 M
PB	00:26.79	00:56.02
	00:26.79	00:29.23

Coach feedback:

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Event number: 13: 100M FREESTYLE MEN			Heat:3, starttime: 09:49		
Heat: 3/12 Lane : 6 Athlete: VANDYCKE LUCAS				Q-time: 00:55:69	
PB (50m pool): 00:55.69 Antwerpen 27/07/2025			PB (25m pool): 00:54.71 SB: 00:56.22 Brugge 01/02/2026		
	5 0 M	1 0 0 M			
PB	00:27.15	00:55.69			
	<i>00:27.15</i>	<i>00:28.54</i>			
			

Coach feedback:

Event number: 15: 200M BUTTERFLY MEN				Heat:2, starttime: 10:16	
Heat: 2/4 Lane : 2 Athlete: VANSIELEGHEM KILLIAN				Q-time: 02:14:41	
PB (50m pool): 02:11.32 Kortrijk 26/12/2024			PB (25m pool): 02:03.30 SB: 02:14.41 Brugge 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.18	01:01.37	01:36.18	02:11.32	
	<i>00:28.18</i>	<i>00:33.19</i>	<i>00:34.81</i>	<i>00:35.14</i>	
	

Coach feedback:

Event number: 15: 200M BUTTERFLY MEN				Heat:4, starttime: 10:22	
Heat: 4/4 Lane : 7 Athlete: DEVOS RHUNE				Q-time: 02:14:75	
PB (50m pool): 02:14.75 Seraing 23/03/2025			PB (25m pool): 02:16.22 SB: 02:17.85 Brugge 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.85	01:06.03	01:40.39	02:14.75	
	<i>00:30.85</i>	<i>00:35.18</i>	<i>00:34.36</i>	<i>00:34.36</i>	
	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN		Heat:3, starttime: 10:27			
Heat: 3/7 Lane : 8 Athlete: CLAEYS DITTE				Q-time: 00:30:60	
PB (50m pool): 00:30.60 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:29.71 SB: 00:31.53 Antwerpen 08/03/2026		
	5 0 M				
PB	00:30.60				
	<i>00:30.60</i>				
				

Coach feedback:

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Event number: 17: 50M BREASTSTROKE MEN		Heat:5, starttime: 10:37
Heat: 5/9 Lane : 6 Athlete: VANHOUTTE WARRE		Q-time: 00:31:10
PB (50m pool): 00:31.10 Antwerpen 27/07/2025		PB (25m pool): 00:30.50 SB: 00:31.12 Brugge 14/02/2026
	5 0 M	
PB	00:31.10	
	<i>00:31.10</i>	
	

Coach feedback:

Event number: 18: 200M BACKSTROKE WOMEN				Heat:4, starttime: 10:53
Heat: 4/4 Lane : 1 Athlete: DEPAEPE ELIZE				Q-time: 02:30:63
PB (50m pool): 02:30.23 Antwerpen 08/03/2026		PB (25m pool): 02:22.85 SB: 02:30.23 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:35.28	01:13.62	01:52.48	02:30.23
	<i>00:35.28</i>	<i>00:38.34</i>	<i>00:38.86</i>	<i>00:37.75</i>

Coach feedback:

Event number: 19: 50M BACKSTROKE MEN		Heat:2, starttime: 10:58
Heat: 2/9 Lane : 7 Athlete: DEVOS RHUNE		Q-time: 00:30:56
PB (50m pool): 00:30.56 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:29.80 SB: 00:30.84 Brugge 01/02/2026
	5 0 M	
PB	00:30.56	
	<i>00:30.56</i>	
	

Coach feedback:

Event number: 19: 50M BACKSTROKE MEN		Heat:5, starttime: 11:02
Heat: 5/9 Lane : 4 Athlete: VANDYCKE LUCAS		Q-time: 00:29:21
PB (50m pool): 00:29.21 Brugge 01/02/2026		PB (25m pool): 00:28.15 SB: 00:29.21 Brugge 01/02/2026
	5 0 M	
PB	00:29.21	
	<i>00:29.21</i>	
	

Coach feedback:

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Event number: 19: 50M BACKSTROKE MEN		Heat:5, starttime: 11:02
Heat: 5/9 Lane : 5 Athlete: PROVOOST MATICE		Q-time: 00:29:22
PB (50m pool): 00:28.94 Antwerp 21/01/2024		PB (25m pool): 00:27.89 SB: 00:29.90 Brugge 01/02/2026
	5 0 M	
PB	00:28.94	
	<i>00:28.94</i>	
	

Coach feedback:

Event number: 19: 50M BACKSTROKE MEN		Heat:8, starttime: 11:07
Heat: 8/9 Lane : 7 Athlete: VANSIELEGHEM KILLIAN		Q-time: 00:27:81
PB (50m pool): 00:27.81 Antwerp 09/02/2025		PB (25m pool): 00:26.84 SB: 00:28.22 Brugge 01/02/2026
	5 0 M	
PB	00:27.81	
	<i>00:27.81</i>	
	

Coach feedback:

Event number: 20: 100M FREESTYLE WOMEN		Heat:4, starttime: 11:14
Heat: 4/8 Lane : 2 Athlete: CLAEYS DITTE		Q-time: 01:00:42
PB (50m pool): 00:59.56 Antwerpen 21/07/2024		PB (25m pool): 00:59.51 SB: 01:01.16 Brugge 01/02/2026
	5 0 M	1 0 0 M
PB	no time	00:59.56
	<i>no time</i>	

Coach feedback: